



September 02, 2022

### 56th ANNUAL SPORTS DAY

On September 2, 2022, Vana Vani celebrated its 56th annual sports day at Manohar C Watsa stadium, IITM campus. Dr. Jane Prasad, the registrar at IIT Madras, graciously agreed to be the day's chief guest. The chief guest was accompanied by our chairman S. P. Dhanavel, secretary cum treasurer Shri. Raman Kumar, principal Mr. M. Sathish Kumar, and vice principal Mrs. Princy Tom.



The celebration started with a parent and alumni event. Several entertaining and sporting events were held for them, and the participants actively took part and enjoyed themselves. A medal presentation ceremony then took place for the completed events.

Our school band majestically greeted our chief guest and our celebration officially began with a prayer song and Thamizh Thai Vazhthu. The welcome address was given by Sports Secretary



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Lekha L of class XII A. Our chief guest then hoisted the flag. The waving of the flag demonstrates an emotional appeal to patriotism and energised the pupils to take part in the activities.

**“March past is all about synchronisation and teamwork. Marching in a contingent demand’s alertness and unspoken co-ordination.”**



The four distinctive houses CAUVERY, GANGA, GODAVARI, and YAMUNA did a well-coordinated march past and CAUVERY house was announced as the best-marched house.



The Olympic flame fires the spirit of competition. The flame represents the illumination of the soul, wisdom, and life.

Akash C, the Asst. sports captain, carried the Olympic flame first, followed by all the vice-captains. The flame of peace and harmony was lit to dispel the evil in everyone's lives and enlighten our future.



An oath will encourage loyalty so long as one continues to believe that one will ultimately be held responsible for their deeds. Following Indra Prakash S. J

of class XII-D, The Sports captain, all the captains took an oath. The oath-taking was followed by our chief guest declaring the 56<sup>th</sup> sports day open by releasing a pigeon, a symbol of peace.



The opening exercises for the sporting event were hoop drills by children in grades 3 to 5 and rhythmic exercises by students in grades 6 to 8.



Then, the 4 x 100 mts relay and all other athletic field events went off without a hitch.



**“Successful people maintain good habits that go hand in hand with success in every area of Endeavour, which develops a reputation. The way one works determines the quality and quantity of rewards”**



The chief guest delivered a motivational and inspiring speech. Her advice to the pupils was to put their skills to work and get the most out of them. The chief guest then awarded prizes to the students who excelled in athletic competitions and relay races.



GODAVARI HOUSE won the overall championship, followed by YAMUNA HOUSE. CAUVERY HOUSE won the Best Marching House Shield.

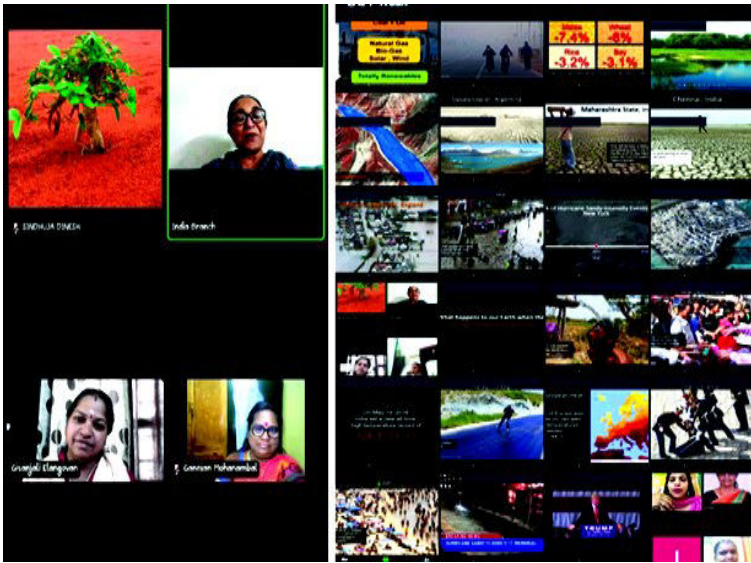


September 03, 2022

### THE CLIMATE REALITY PROJECT INDIA

The teachers of Vanavani attended a session conducted by the Climate Reality Project which was held virtually on 03-09-2022 to have an understanding of the green audit which could help us to shield the environment.

Former US Vice President Al Gore founded The Climate Reality Project to catalyze a global solution to the climate crisis by making urgent action a necessity across every sector of society.



The first presentation was given by Ms. Neeru Bhushan who recognized that climate change is a truly global challenge. She shared a PPT and a documentary "An Inconvenient Truth" that extended our insight into the impact of all ecosystems and human societies, but in different ways and to different degrees. She addressed that climate change requires involvement and action at the local, regional and global levels, and education plays a central role in understanding, mitigating, and adapting to climate change.

Seema Bali, Vice Principal, St. Mary's School, Dwarka, New Delhi briefed us on climate change and water conservation. She said that water covers 71% of the earth's surface and it's vital for all known forms of life. but as time advances, water is becoming scarcer, and access to clean, safe, drinking water is limited among countries. And our teachers interacted with her and spoke about what is been done already in our school to 'Go Green.

September 05, 2022

### TEACHERS' DAY CELEBRATION

**Teachers are the backbone of society.**


The Birthday of Dr. Radhakrishnan, the former president of our country India is celebrated as Teachers' Day to highlight the specialty and greatness of the teachers and their works.

Our school celebrated Teachers' Day on 5<sup>th</sup> September. During the morning assembly, high school students organized various programs to entertain the teachers.



Vana Vani Matriculation Higher Secondary School  
 IITM Campus Chennai - 600 036.

The Management  
 cordially invites you for the  
**TEACHERS' DAY CELEBRATION**  
 on Monday, 5<sup>th</sup> September 2022 at 3.30 pm  
 in the Vana Vani School Primary Auditorium.



**Prof. M. A. PANNEER SELVAM**  
 (Retd. Professor, Dept. of Electrical Engineering, Anna University, Chennai-25.)  
 has graciously consented to be the Chief Guest and  
 will address the gathering.

Our Chairman  
**Prof. S.P. DHANAVEL**  
 (Dept. of Humanities and Social Sciences, IIT Madras)  
 will preside over the function  
 in the august presence of our  
 Secretary - Cum - Treasurer  
**Shri. RAMAN KUMAR**  
 (Assistant Registrar, Finance & Accounts, IIT Madras)

(Programme Overleaf)

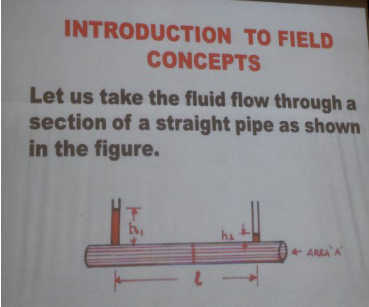
In the afternoon at the school auditorium at 3.30 PM, the teachers' day celebration began. The day's chief guest was professor M. A Panneer Selvam, retired professor, Dept of Electrical Engineering, Anna University.



The chief guest spoke about the importance of the basic concepts in every subject for students' understanding. He also shared some ideas from high voltage electricity for Electrical Engineering.



Our chairman professor. S. P. Dhanavel presided over the function and conveyed his wishes to all the teachers.



The following teachers were given the Best Teacher Award for the Academic year 2020 - 2021

**Nursery - Mrs. S. Prabha Primary - Mrs. A. Tamizharasi**



**Middle school - Mrs. N. Jayanthi High school - Mrs. J. S. P. Deenavathi**



**Higher secondary - Mrs. M. Vijaya Abirami Non-teaching staff - Mr. C. Gnanasekaran**



The day ended with a load of happy memories in the minds of everyone present.

**September 05, 2022**

**HINDU EDUCATIONAL AND CHARITABLE TRUST**

**BEST TEACHER AWARD**



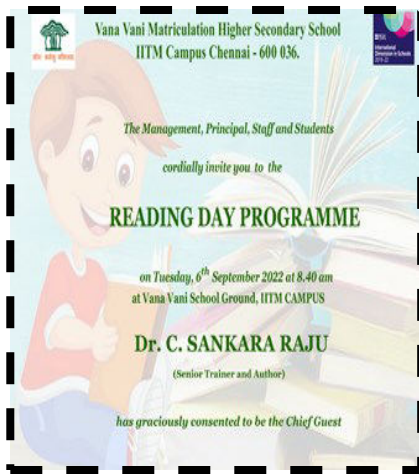
THE INTERNATIONAL ASSOCIATION OF LIONS CLUBS District 324 J conducted the 7<sup>th</sup> Annual Best Teacher Award Ceremony on 5th September 2022 at Jaigopal Garodia Vivekananda Vidhyala Avadi. Mrs. Indra Raghukumar of High school was awarded the "Best Teacher Award" in recognition of her valuable services in the field of Education for all these years.



September 06, 2022

READING DAY

Reading is Thinking



Vana Vani school always strives to find something new for its students.

This time the reading day was celebrated on September 6, 2022, organized by the Vana Vani Primary section. It was aimed at teaching a love for

reading in the students from a young age. On this special occasion, Vana Vani invited an esteemed guest, Dr. C Sankara Raju, a senior trainer and an author. He has authored books in various languages.

A special assembly was conducted where the students of the primary section participated and presented a variety of events. Students of classes III to V sat on the ground in the form of the school logo with a book in their hand and witnessed the program and read the book.

A few students from Class I and II brought a storybook to the assembly that they liked to read in their leisure time and spoke about it for a minute, stating their favorite character and what they liked most about the books.

Class III presented a rhapsody song accompanied by music. The enthusiasm and fervor among students could be witnessed throughout their active participation.

Class IV performed a skit on book reading, where they talked about the genres we have in books.

Class V students presented a wonderful speech and spoke about the benefits of reading books.



Our chief guest also shared his "wisdom of words" with the students. The most important advice he shared with students was "Book reading is more beneficial than keeping our eyes continuously on mobile phones." He said he never uses his mobile phone for more than 20 minutes."



After the chief guest's speech, students, teachers, our principal, and staff spent their time in silent reading. It was D. E. A. R. (Drop everything and read) time.

In the end, one of the students of Class V delivered the vote of thanks.

After the special assembly, the children also did a variety of fun-loving activities in their respective classrooms.

Class I did mono acting with the help of the masks they had made. Class II drew their favorite book characters from their favorite stories. Class III displayed wonderful bookmarks they made for their favorite books.

Class IV put their thinking caps on and penned down an interesting favorite quote on sticky notes from their favorite book. It was a great day to remember the lines after silent reading. Class V created a scene from one of their favorite stories.

**SHELFIE COMPETITION** - Students in grades III–V were also asked to photograph themselves in front of their home reading bookcase or collection of books.

Reading day helped them to gather a lot of insight and they observed this day with a great amount of zeal, new learning, and achievements.

***Let our children be bitten by the reading bug!  
Happy reading!***



**September 07, 2022**

## **NATIONAL NUTRITION WEEK AWARENESS**



National Nutrition Week is celebrated from 1<sup>st</sup> September to 7<sup>th</sup> September every year to educate people about the importance of nutrition. The students of Grade VIII had a program on the 7<sup>th</sup> of August on account of National Nutrition Week. A group of six teachers came from Arangambadi school,

Kottur ICDS. They also talked about the nutrition in vegetables, fruits, and green leafy vegetables. They reiterated the age-old saying 'Eat breakfast like a king, lunch like a prince, and dinner like a pauper.' Students were advised and asked to avoid cool drinks, maida, packed items, etc. Finally, the students took the pledge and promised not to eat junk food and switch to healthy food for our future.

**September 09, 2022**

## **ECONOMICS QUIZ COMPETITION BY MOP VAISHNAVA WOMEN'S COLLEGE**



An economics quiz competition was held for classes XI and XII on 09.09.2022 by undergraduates of MOP Vaishnava Women's College Nungambakkam, Chennai. From our school, six students participated in form of two each group total of 3 teams from each school. It was a new

learning experience for all the students and they learned many new things like the fact that every time we should not depend on books and syllabus, we should learn to think out of the box and they got to learn the current affairs of the world and it was a fun experience for everyone. At the end of the program, the students were provided with a participation certificate and with a discount voucher.

September 09, 2022

## AROUND MY SCHOOL



As a part of their EVS lesson "My school", the LKG students were taken around our school on 16<sup>th</sup>, 19<sup>th</sup>, and 20<sup>th</sup> September 2022. The students visited the various blocks of our school, the principal's office, the vice principal's office, the admin room, and the different laboratories. They got the opportunity to visit the main school playground and sports room and they also had small conversations with the principal, vice principal, and other staff. The tiny tots thoroughly enjoyed their visit.



September 10, 2022

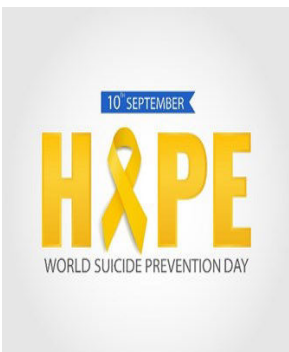
## INDIA'S INCREDIBLE TEACHERS



On 10<sup>th</sup> September 2022, Oswal Books and Learning Private Limited announced that Mrs. Metilda P.G.T (commerce) has been nominated as one of India's Incredible Teachers by her students and parents.

September 10, 2022

## WORLD SUICIDE PREVENTION DAY



World Suicide Prevention Day was observed by World Health Organization & SNEHA Suicide Prevention Centre at Hotel Rain Tree on Saturday 10<sup>th</sup> September 2022. Justice Shri. V. Ramasubramanian, Judge, Supreme Court of India

was the Chief Guest. Dr. Nalli Kuppasamy, President SNEHA & Dr. Lakshmi Vijaya Kumar, Founder Trustee were part of the event. World Health Organization Chief Scientist Dr. Soumya Swaminathan addressed the gathering, virtually. Our Principal Mr. M. Sathish Kumar attended this event to understand the activities done by SNEHA Suicide Prevention Centre in handling the emotional quotient of adolescent students.

September 14, 2022

## NATIONAL CHILDREN'S SCIENCE CONGRESS



NCSC is conducted every year by National Council for Science and Technology Communication – NCSTC, Department of Science and Technology (DST) Govt. of India for children in the age group of 10 to 17 years from all over the country.

The children will do research projects during their free time on topics related to the focal theme under the guidance of a Guide teacher.

This year's focal theme is **Understanding Ecosystem for Health and Well-being.**

The guide teachers' workshop for NCSC 2022 was held on 14<sup>th</sup> September 2022 Wednesday, from 10 am to 4 pm at the MIT campus, Chromepet. Mrs. Indra Raghukumar and Mrs. Selvia of Vana Vani participated in the workshop and learned the methods of doing the research projects.

September 15, 2022

## BEST TEACHER AWARD FROM ROTARY CLUB OF MADRAS CHENNAIPATNA



Mrs. R Akilandeswari, Section head of middle school received the Best Teacher Award from the Rotary Club of Madras Chennapatna on 15<sup>th</sup> September 2022 in recognition of the service rendered over the years for the School and Student community.

September 15, 2022

**FIRST AID DAY**

The International Federation of Red Cross and Red Crescent Societies (IFRC) introduced World First Aid Day in 2000. World First Aid Day is celebrated every year on the second Saturday of September. This year, World First Aid Day 2022 fell on 10<sup>th</sup> September 2022 and the theme for the year is 'Lifelong First Aid'.

Vana Vani observed First Aid Day on 15<sup>th</sup> September 2022 and a First-Aid workshop was organized for the teaching and non-teaching staff from 1.30 to 4.00 pm. Chief Medical Officer of IITM Hospital, Dr. Rebecca Punithavalli gave a presentation on administering first aid at school.



This was followed by an interactive lecture cum demonstration on Cardio Pulmonary Resuscitation by Mr.Vimal, Project Officer, Department of Applied Mechanics, IIT Madras.



The concluding segment was a presentation on Fire safety by the Chief Security officer, IIT Madras, Mr. Elumalai. N. The security section had also arranged hands-on training in handling fire extinguishers too, for the staff.



September 15, 2022

**CYCLING COMPETITION**



Our Tamil Nadu Government conducted the Anna Road Cycling Competition for the school students of 13, 15 and 17 - years categories. Our students participated in this competition riding their cycles. It took place at 6.30 AM at Swami Sivananda Salai near Doordarshan TV Station on 15.09.2022. Our Children won prizes too.





September 19 - 21, 2022

## COLOUR CORNER ACTIVITY

**Our world is filled with colours.**

A very important part of learning during kindergarten years is the identification and recognition of colours.

Our Nursery children were introduced to primary colours like Red, Yellow, and blue, as well as secondary colours like Green, Orange, and Purple. Children were excited to see the display

done by the teachers on 19.9.22, Monday, Red and Green corner. On 20.9.22 Tuesday, the yellow and orange corner, and on 21.9.22 Wednesday, blue and purple corner.



The activity room was decorated according to the colours of the day with various attractive craft-work, beautiful charts, objects, toys, and real things. The colour corner was planned to enable the children to experiment with a wide range of activities. Teachers and children spoke about colours and sang rhymes on colours, in the morning assembly, and the classrooms. UKG students showed their enthusiasm to mix paints to get secondary colours.



Overall, it was an excellent learning experience for the children, which will enhance their visual discrimination.

September 21, 2022

## CHILD RIGHTS AND PROTECTION WORKSHOP

Mrs. Geetha Sukumar, Primary Section Head attended a one-day workshop on Child rights and Protection and POCSO Act 2012 organized by the State Child Protection Society at Chennai District Collector Office on 21.09.2022. It was an informative and interactive workshop.

September 22, 2022

## ICSI-SIRC Teachers Conference for School Teachers

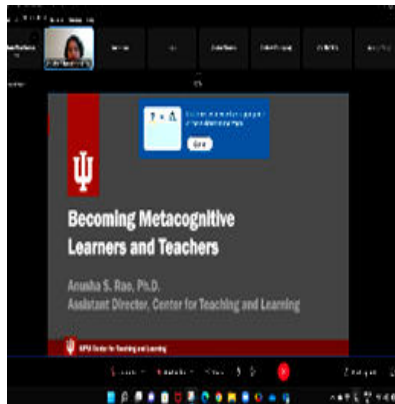
Mrs. Metilda and Mrs. Geetha attended an ICSI-SIRC Teachers conference for School Teachers. The theme of the conference was Empowering educators. The purpose of this is to motivate the students by knowing about the ICSI (The Institute of Company Secretaries of India). This conference was very helpful to the commerce faculty regarding the importance of ICSI. This began with an address by the chief guest Mr. Sudhan IAS – State Project Director (Samagrashiksha) – Directorate of School Education.

This conference was conducted in two sessions. Session one was on stress Management and how to handle typical students by Mrs. Sangeetha Chandrasekaran. The second session was based on recent amendments in the Companies Act 2013 by CS (Dr) Alaguraja – Assistant Professor – Department of Commerce. Both the sessions were very informative and useful to the Teachers.

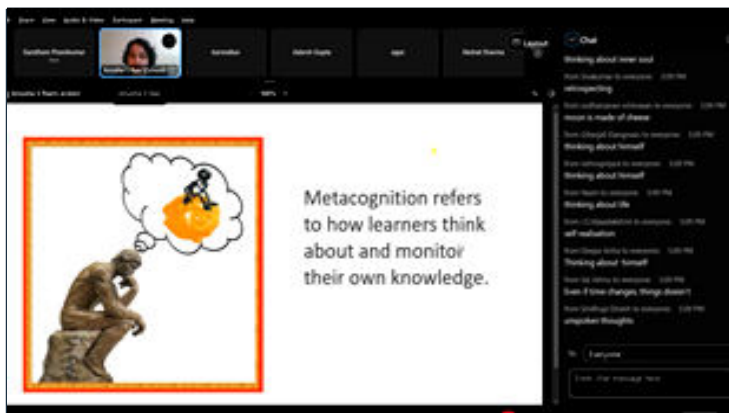


September 22, 2022

## TLC -TEACHERS WORKSHOP -BECOMING METACOGNITIVE LEARNERS



TLC conducts periodic interactive sessions giving varied perspectives on aspects of Teaching-Learning and Educational Technology. For the virtual session on 22<sup>nd</sup> of the September, the resource person was Anusha S. Rao, assistant director at the Center for Teaching and Learning (CTL) at Indiana University Purdue University Indianapolis (IUPUI). She spoke about the Metacognitive skills that involve assessing the demands of a task, evaluating one's knowledge and skills, planning an approach, monitoring one's progress, and adjusting strategies as needed to complete the task. Teachers of Vana Vani were able to learn about the benefits of metacognitive skills in one's teaching growth and how they can become metacognitive instructors.



September 24, 2022

## A TRIP TO MAHABALIPURAM BY TEACHING AND NON-TEACHING STAFF

**“Take only memories, leave only footprints.”**

The Vana Vani Management organized a fun-filled trip to Mahabalipuram on 24<sup>th</sup> September 2022 for teaching and non-teaching staff. 72 staff members joined this trip and they started from school at 6.45 am and reached Tamil Nadu Tourism Resort at 8 am. After spending the whole day visiting the beaches, the shore temple, Pancha Rathas, Cave Temple, Sculpture Museum, etc They started from TTDC at around 5.15 am and arrived at school by 6.45 pm. Everyone had a wonderful time in Mahabalipuram. The trip was well organized and everybody went back home with great memories that will last a lifetime.



September 27, 2022

## WORLD TOURISM DAY



**“Travel makes one modest.”**

World Tourism Day was observed on 27<sup>th</sup> September. On this occasion, two competitions were conducted. Students of classes 3 to 8 were encouraged to participate in a poster-making competition and an article-writing competition was conducted for the students of classes IX to XII. The deadline for both competitions was 30<sup>th</sup> September 2022.

### Self-regulated Learning Cycle

Have I seen a problem like this before?  
How is it similar/different from those problems that I have solved?  
What lessons did I learn from solving that problem?

Planning

Evaluation

Monitoring

Etmer & Newby, 1996

### Explicit Metacognitive Prompts

Activity	Planning	Monitoring	Evaluating
	<ul style="list-style-type: none"> <li>What strategies will I use to study (e.g., study groups, problem sets, evaluating text figures, challenging myself with practice quizzes, and/or going to office hours and review sessions)?</li> <li>How much time do I plan on studying? Over what period of time and for how long each time I sit down do I need to study?</li> <li>Which aspects of the course material should I spend more or less time on, based on my current understanding?</li> </ul>	<ul style="list-style-type: none"> <li>To what extent am I being systematic in my studying of all the material for the exam?</li> <li>To what extent am I taking advantage of all the learning supports available to me?</li> <li>Am I struggling with my motivation to study? If so, do I remember why I am taking this course?</li> <li>Which of my confusions have I clarified? How was I able to get them clarified?</li> <li>Which confusions remain and how am I going to get them clarified?</li> </ul>	<ul style="list-style-type: none"> <li>What about my exam preparation worked well that I should remember to do next time?</li> <li>What did not work so well that I should not do next time or that I should change?</li> <li>What questions did I not answer correctly? Why? How did my answer compare with the suggested correct answer?</li> <li>What questions did I not answer correctly? Why? What confusions do I have that I still need to clarify?</li> </ul>
Quiz or exam			

Tanner & Allen, 2012

September 29, 2022 & September 30, 2022

## SISH MUN 2022

Model United Nations was conducted by Sishya School, Adyar, Chennai on September 29<sup>th</sup> and 30<sup>th</sup>. On behalf of our school, four students participated actively. It was a new learning experience for all. On both days registration was held for the participants after the committee meeting started. The students got to learn many parliamentary terms and rules and conditions for the delegates. This MUN helped them a lot to understand the current crises in the world and how it affects developed and undeveloped countries. This MUN guided them through the new learning process. The

students received the participation certificates.



getting blessings from the temple elephant they moved to the Aurobindo Ashram to experience the spiritual community at 10.00 am. Later they were allowed to explore the Sri Aurobindo Handmade Paper factory at 10.45 am. The guide Mr. Gowrav helped them understand the process of paper making using various raw materials and demonstrated paper making using cloth. They were permitted to touch and feel the materials during each process from scratch to output and then they took a look at their showroom and purchased some of their recycled products. Then we visited the beach. The students had their lunch at Sri Sarguru restaurant at 12.15 pm and started at Auroville - The city of dawn at 1.30 pm. They were taken to the video room to know the history of the Golden Globe. After which they walked together towards the Matrimandir and then returned to the shopping malls of Auroville. Finally, after having evening snacks at 5.00 pm they reached back at school by 8.00 pm.



September 29, 2022

### FIELD TRIP – XII D:

On September 29<sup>th</sup>, 2022 the students of XII D visited Pondicherry for a field trip. They started from school at 6.00 AM and reached hotel Mamalla at 7.30 am for breakfast. Then they started their journey to the Manakula Vinayakar temple at Puducherry. After



September 29, 2022

## FIELD TRIP – XII A, XII B & XII C:



The students of classes XII A, XII B, and XII C went on an Educational Field Trip to Sriharikota which started at 5.50 am from school.

The trip to Sriharikota had 80 students, 6 teachers, 2 office staff, and 4 parent volunteers

After a four-hour bus journey, we reached our destination at 10.30 am.

Sriharikota houses the "Satish Dhawan Space Centre", which is one of the two Satellite launch pads in India.

After the security check, students visited the Satellite Launching Pads, and the Assembling and Mission Control Centres.

Students were highly enthusiastic and asked questions pertinent to space developments. Shwetha from the 12 A section met ISRO scientist Mrs. Porselvi. She caught the scientist's attention with her probing questions.

They took many new learnings on the advancements in space technology, much to the delight of the students. In sum, it was a fun-filled experience; one that was highly informative and truly delivered a very memorable trip for the students.



## INTERSCHOOL COMPETITION

Shraddha Children's Academy, Kottivakkam organized various competitions for Grade I - V students on the 2<sup>nd</sup> of August, wherein more than 15 schools participated. The following students brought laurels to the school by winning prizes in seven competitions.

Vana Vani Matriculation Higher Secondary School, IIT Madras - 600 036				
Date: 2nd September 2022				
Teacher co-ordinator : Mrs.J.S.Vijayalakshmi				
<u>Winners "Shraddha Sangamam 2022"</u>				
Event	Theme	Name of the student	Class/ sec	Position
In the guise of (fancy dress)	Favourite vegetable or fruit	Shreya Sri.S	II A	I
Musical moves (solo dance)	under the sea (film songs not allowed)	Ronika. R	I B	II
Talking titans(JAM)	general topic	Suraj. V	IV B	II
Vibrant visual effect (Rangoli)	Save our seas	Karthikha. Y	IV B	II
Mimema (meme)	More blue to stay green	Viaan .N	IV B	II
Palm art	----- -----	Sadhurya.S	V C	III
		Sagithyan.S	V C	I
Seed art (cereals and pulses)	----- -----	Karthikha.Y	IV B	II



## ACCOLADES

1. S. J. Karunya of class VII B made it to **WORLD RECORD UNIONS** powered by Knowledge



Engineering for identifying the maximum number of countries and their national dish in one minute which was held on the 18th of September at The Saibaba Hotel, Chennai.



2. Yashvanth of class VI A participated in the second **TAMILNADU STATE OPEN KARATE CHAMPIONSHIP -2022** and secured first place in The Colour Belt, Kumite held on the 18th of September at Police community hall, Old Washermenpet, Chennai.



3. Lakshan Y of class VI A was the runner up in **KATA and KUMITE Chennai Karate Kobudo championship 2022**



September 2022



## TERM I EXAMINATION

Term 1 - Terminal Examinations were conducted for classes from I to IX.

September 27, 2022 - 30, 2022

## HOLIDAY CAMP



Our school organized a cost-free holiday camp for our students for classes II - IX from 27/09/2022 to 30/09/2022. Every day the children had two activities. It

focused on the holistic development of students which included activities in Spoken English, Arts and Crafts, Mental Mathematics, Physical Education, Tamil Grammar, General Knowledge, English Cursive Writing, and Science Activities.



Enjoy watching video of the programmes in our **School YouTube channel**

Visit our school website: [vanavani.iitm.ac.in](http://vanavani.iitm.ac.in)